

At Wath Victoria we have a strong commitment from senior leaders and governors to promote the mental health and well-being of all stakeholders.

Lead: Mrs D Mackinnon. Named governor: Mrs A Shaw. Policies = www.wathvictoria.co.uk

STAFF

- Mindfulness practices – music, techniques, spaces.
- Stable staffing profile
- Action for happiness- monthly calendars inspire well-being
- Positive pants awards
- Well-being warrior voted for by children
- Self-care; personal responsibility is encouraged
- Weekly email quote - positivity
- Well-being for staff – time to destress
- Access to coaching, counselling and mentoring
- Strong friendships encouraged.
- Tolerance, openness and trust is established
- Communication protocols
- On site mental health first aid trained staff

PARENTS / CARERS

- Parental engagement - open access, daily contact
- SLT designated parental point of contact
- Effective relationships
- Access to policies
- Friends of Wath Victoria
- School social events
- Range of communication methods
- Signposting to relevant services – GP, groups, support services
- Positive messages shared on social media to enhance well-being, tolerance and kindness



Mental Health Offer

PUPILS

- Our ethos - Aspire, Believe, Achieve
- Ready, Respectful Safe – restorative behaviour practices
- Inclusive approach – each child is treated as an individual
- Growth mind set approach
- Staff who smile, listen, respond and know children
- Mindfulness practices – music, techniques, spaces.
- Inclusive curriculum - Jigsaw programme - PSHE range of topics
- Pastoral support – vast array of programmes available
- Student support champion – additional counselling available
- Positive feedback and marking in learning time
- PE, #fitin15, monthly fitness challenge, RUFC
- Community Trust relationship
- Hall of Fame/ recognition board / Dojo
- Peer buddy group – playground support
- Liaison with the local MP/councillors/school council – positive decision making and citizenship
- Attendance monitoring and procedures
- Referrals made to external agencies – CAMHS, Barnados, Sunbeams, school nurse, food banks
- Commissioned work from SEMH professionals
- Strong pupil voice
- Event days – Hello Yellow, Macmillan Coffee Morning, anti-bullying, charity fundraising days.